

Lisa Montgomery



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Living Dynamically, LLC

Supermodel Carol Alt
personally visited Lisa's annual
Living Food Expo and put
Lisa's recipe in her latest book,
The Raw 50.

**The Father of the Living/Raw
Food Movement, Viktoras
Kulvinskas, came from his
home in Costa Rica to attend
and speak at Lisa's monthly
Raw Foods Potlucks!**

For Lisa Montgomery's
availability, contact:
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Lisa Montgomery provides
Keynotes & Workshops for:

- Conferences
- Trade Shows
- Executive Retreats
- Professional Groups
- Corporate Gatherings
- College & University Programs

- Raw Foods Guru
- Keynote Speaker
- Workshop Leader
- Board Certified
- Raw Chef/Instructor

Raw Foods Authority Lisa Montgomery is known as the guru to the gurus. Her famous monthly Potluck gatherings, workshops, and annual Living Food Expo are attended by celebrities, and raw food experts and enthusiasts.

Her keynotes and workshops champion the holistic benefits of fully embracing the raw foods lifestyle. Her focus (and website) is on Living Dynamically – teaching people how to heal their entire being (physical, emotional, and psychological) with the raw foods lifestyle.

Living Dynamically gets
20,000 web hits per month
from all over the globe!

Check it out at:
www.livingdynamically.com

Living Raw and Loving It!

Interviewed by Countless
Media Outlets

Lifestyle & Holistic Healing
Workshops

The Raw Life Keynotes

Personal, Family &
Corporate Coaching

Menu & Kitchen Planning & Setup:

Consulting

One-on-One

Small Groups

Organizations:

Schools
Offices
Restaurants
Associations

Board
Certified
Holistic
Health
Practitioner

Certified
Associate
Raw
Chef &
Instructor

THE ROUTE TO GOOD HEALTH IS
THROUGH UNCOOKED FOOD:

*"A Raw Food diet cleanses
the body and nurtures the
soul."* ~~ Lisa Montgomery,
HHC